

A photograph of an elderly man and woman in a gym. The man, in the foreground, has a white beard and is wearing a blue t-shirt, lifting a dumbbell. The woman, in the background, has short blonde hair and is wearing a pink top, also lifting a dumbbell. The gym is filled with various exercise machines.

**GESUND**

**BLEIBEN!**

**IMMUNSYSTEM  
UND  
VITALITÄT  
STÄRKEN**

**BEI UNS  
SICHER  
TRAINIEREN**